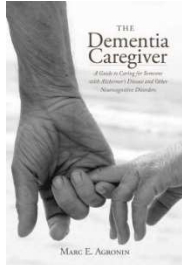




Memorial Hall Library

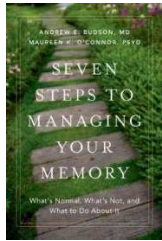
Dementia, Alzheimer's and Caregiving New and Selected Titles, November 2019



Dementia caregiver: a guide to caring for someone with Alzheimer's disease & other neurocognitive disorders

by Marc E. Agronin, 2017 **CALL NUMBER:**616.831 AGR

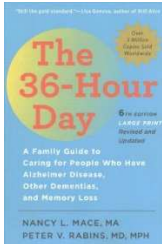
What caregivers need to know to manage the medical, physical, emotional & practical needs of charges w/ dementia & themselves.



Seven steps to managing your memory: what's normal, what's not, and what to do about it

by Andrew E Budson, 2017 **CALL NUMBER: 616.83 BUD**

Signs that suggest your memory problems are more than just part of normal aging. Is it normal to have concerns about your memory? What are the markers of mild cognitive impairment and dementia?



The 36-hour day : a family guide to caring for people who have Alzheimer disease, other dementias, & memory loss

by Nancy L Mace, 2017 **CALL NUMBER:** 616.831 MAC

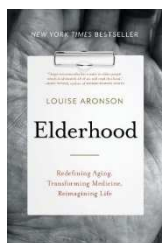
Provides practical & legal advice on caring for those who can no longer care for themselves, includes how to deal w/ daily problems like eating & exercising. Suggests ways to cope w/mood swings & false ideas.



Aging with care : your guide to hiring and managing caregivers at home

by Amanda Lambert, 2018 **CALL NUMBER:** 362.2 LAM

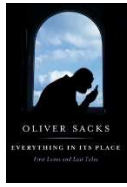
Finding the best and most appropriate in-home care for a loved one can be confusing. I the process of hiring a private caregiver, assessing needs & making difficult choices.



Elderhood : redefining aging, transforming medicine, reimagining life

by Louise Aronson, 2019 **CALL NUMBER:** 362.6 ARO

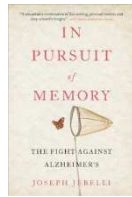
A geriatrician, writer & professor challenges the way people think & feel about aging and medicine. Stories from 25 years of patient care.



Everything in its place : first loves and last tales

by Oliver Sacks, 2019 **CALL NUMBER:** 616.8 SAC

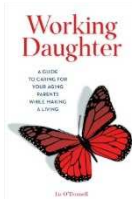
Posthumous collection by the best-selling author of Awakenings features Sacks' signature compassion & erudition in essays exploring his diverse interests and remarkable late-career neurological cases.



In pursuit of memory : the fight against Alzheimer's

by Joseph J. Ebell, 2017 **CALL NUMBER:** 616.831 JEB

A humane history of Alzheimer's disease that doubles as a scientific detective story, a neuroscientist takes readers on a journey around the world where we meet hero scientists who are working to find a cure.



Working daughter : how to care for your aging parents while making a living

by Liz O'Donnell, 2019 **CALL NUMBER:** 306.874 O'DO

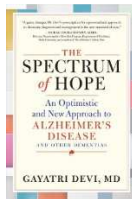
The story of a woman caring for her parents while trying to hang on to her career and raise her kids, the lessons she learned, and the advice she has to share.



Alzheimer's disease & dementia: what everyone needs to know

by Steven R. Sabat, 2018 **CALL NUMBER:** 616.831 SAB

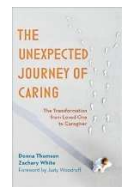
Discusses the psychological & social strengths possessed by people diagnosed. Helps improve quality of life in non-pharmacological ways.



NYThe spectrum of hope : an optimistic and new approach to Alzheimer's disease and other dementias

by Gayatri Devi, 2017 **CALL NUMBER:** 616.831 DEV

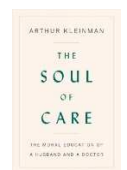
The neurologist and Dir. of NY Memory & Healthy Aging Svcs redefines Alzheimer's as a spectrum disorder. Offers hope & advice to both those diagnosed & their family members for maintaining dignity.



The unexpected journey of caring: the transformation from loved one to caregiver

by Donna Thomson, 2019 **CALL NUMBER:** 649.8 THO

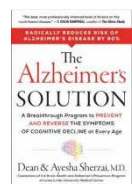
Foreword by Judy Woodruff. Practical guide to finding personal meaning in the 21st century care experience. Based on original caregiver research & proven advocacy strategies.



The soul of care: the moral education of a husband & a doctor

by Arthur Kleinman, 2019 **CALL NUMBER:** 649.8 KLE

Memoir by a Harvard psychiatrist who recounts his experiences caring for his wife after her diagnosis w/ early-onset Alzheimer's. Shares his firsthand discoveries regarding the urgent necessity of care.



The Alzheimer's solution : a breakthrough program to prevent and reverse the symptoms of cognitive decline

by Dean Sherzai, 2017 **CALL NUMBER:** 616.831 SHE

Outlines a program to prevent Alzheimer's and reverse its symptoms of cognitive decline. Builds on the controversial premise that 90% of Alzheimer's cases are preventable through lifestyle factors.