Andover Mentors

Financial Challenges In Retirement



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Andover Mentors

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Financial Challenges In Retirement

Retiring presents many opportunities for seniors to enjoy the fruits of their labor.

Getting there includes planning and answering a number of questions.

These are explored in three areas.

- Planning and Budgets
- Investing and Savings
- What can go wrong



"I've crunched the numbers in your retirement account. It's time to figure out who will be wearing the mask and who will be driving the getaway car."

Financial Challenges In Retirement Planning: Where to Live

- Continue to stay in your home
- Down size to smaller home or condominium
- Move to a smaller apartment
- Move to active adult or +55 community
- Consider Continuing Care Retirement Communities-CCRC's
- Move to a warmer climate.
- Relocate to be close to children and grandchildren
- Relocate to be close to friends. South in the winter, back to the neighborhood in Summer
- Move in with the kids.

Financial Challenges In Retirement Test the Waters Before you Jump

- Try renting in the area where you think you might want to live before you decide to sell your home and move there.
- Once you sell it is hard to get back what you had. Value of real estate changes at different rates depending of the region.
- Visit prospective areas at different times of the year.
- Children decide to move.
- Grandchildren grow up, become independent and may move on.
- Talk to others about what they experienced in making a change.

Having a plan and working out a budget is extremely important in addressing financial challenges of seniors.

Half (52%) of all senior couples count on Social Security for 50% of their income

47% of unmarried seniors count on Social Security for at least 90% of their income

Retires will need on average 70% to 100% of their preretirement income

1. Gather Financial Paperwork

- W-2s and paystubs
- 1099s
- Investment accounts
- Bank statements
- Recent utility bills
- Credit card statements
- Receipts from the last three months
- Mortgage or auto loan statements

2. Calculate Your Income

3. Create a List of Monthly Expenses

Essential Expenses Discretionary Expenses

Mortgage or Rent Entertainment

Condo/HOA fees Club Memberships

Real estate taxes Travel / Vacations

Groceries Eating out

Personal Care Family Care

Utilities (Telephone/Cable/Internet)

Insurance (Medical/Home/Auto)

Transportation costs New Car Savings

Credit Card Debt Loans

Other Other

What Are Your Trade-offs?

4. Unexpected Costs

Home – Look at what might need to be repaired or replaced within the next five years.

Condominium – Consider the possibility of special assessments.

Rising real estate taxes

Increases in health care cost.

5. Total Your Monthly Income and Expenses

6. Make Adjustments to Expenses

If income is less than expenses cuts will need to be made to expenses.

Financial Challenges In Retirement Making Ends Meet

- Cutting expenses is easier than increasing income
- Get a part time job to increase income
- Downsize home to cut expenses and realize gains in the market value of your home
- Move to a less expensive area
- Refinance mortgage

Financial Challenges In Retirement Planning – Dealing with Debt

Refinance you home with interest at record lows. 50% of seniors over 62 still had a mortgage payment in 2010.

2/21/21 Mortgage rates published in the Boston Globe and from the internet.

Mass Small Bank's

Mortgage Co.'s

Online

30 yr. Rate	Points	Fees	15 yr. Rate
2.88% to 2.92%	0	\$208 \$760	2.5% to 2.63%
2.79% to 2.89%	0	\$595 \$595	2.25% to 2.63
2.88% to 3%		\$1 \$1,088	2.37% to 2.5%

Reduced or paid-off debt will have a big effect on monthly expenses

Financial Challenges In Retirement Saving and Investing In a Low Interest Rate Environment



Have Two Basic Accounts

- Retirement Account (Tax-Deferred or Taxable)
 - Generate income.
 - Maximize return with reasonable risk
 - Avoid the Big Loss (Preserve Capital)
- A Savings (Cash Reserves) Account
- How to Mix Assets (Cash, Bonds, Stocks)

Financial Challenges In Retirement Saving versus Investing Short-Term versus Long-Term

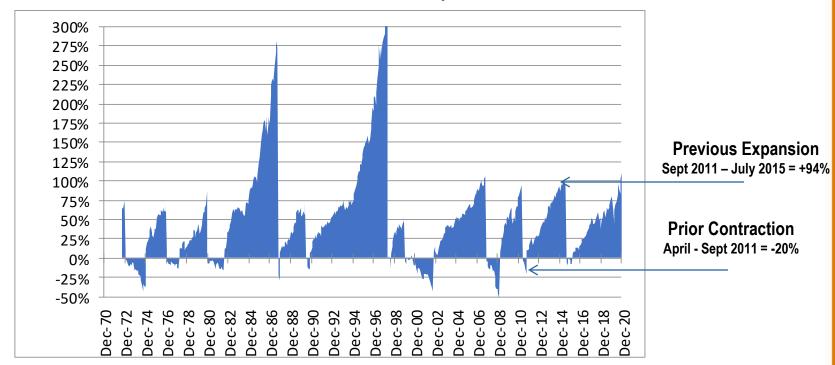
- Savings (Cash Reserves) Account
 Returns can be increased through conservative "investing".
 - Income: 100% Fixed Income, 1 to 2-year Maturities
- Retirement Investments Expecting Income & Capital Gain
 - Conservative: 30% Stocks/70% Fixed Income, 2 to 5-year horizon
 - Balanced: 50% Stocks/50% Fixed Income, 5-year horizon
 - Moderate Growth: 70% Stocks/30% Fixed Income, 10-year horizon
 - Aggressive: 85% Stocks/15% Fixed Income, 15-year horizon

Notes:

Fixed Income includes Money Market Funds, CDs and Bond or Bond Funds Stocks include individual securities, mutual funds or Exchange Traded Funds

Financial Challenges In Retirement Accept that the Stock Market is Volatile But it is Positive more than Negative

S&P 500[©] Contraction and Expansion Periods



Down-Market Contraction Periods:

Average Length = 12 Months Median Performance = -14%

Expansion Periods:

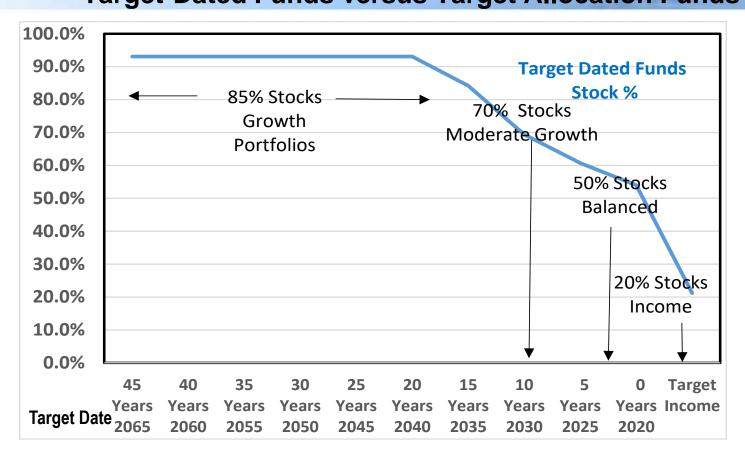
Average Length = 38 Months Median Performance = +82%

Source: Standard & Poor's as of 12/31/2020

Stock prices tend to move in direction of anticipated earnings changes.

Bond prices tend to move in the opposite direction of stock prices during economic stress. 16

Financial Challenges In Retirement Simple Investing Target-Dated Funds versus Target Allocation Funds



Good in tax-deferred accounts since the investor can invest and forget it since the Investment Company will constantly rebalance the allocation.

Financial Challenges In Retirement Target Allocation Portfolios

	Rate of Return	f Return Allocations					
	Avg. Annual 2006-2020	Growth 10+ years	Moderate 5-10 Years	Balanced 2-5 years	Conservative < 2 years	Income 1-2 year	
Asset Mix					,		
Treasury Bills / Money Mkt	s 1.1%	5%	5%	10%	30%	70%	
Bonds / Bond Funds	4.2%	10%	25%	40%	40%	30%	
Stocks / Stock Funds	8.5%	85%	70%	50%	20%	0%	
			Annualized Re	turns ⁺ 2006-20	20		
15-Year Annualized Incom	e (2006-2020)	1.7%	1.8%	2.1%	1.9%	1.6%	
15-Year Capital Gain (200	6-2020)	6.1%	5.4%	4.2%	2.6%	0.4%	
15-Year Annualized Retu	rn (2006-2020)	7.8%	7.2%	6.3%	4.5%	2.0%	
15-Year Avg Bear Market	(2006-2020)	-21.4%	-16.2%	-9.5%	-3.9%	-1.6%	
2008 Market Correction		-30.7%	-23.4%	-13.7%	-4.5%	+5.1%*	

^{*} Bonds returned 13% in 2008

As of 12/31/2020 computed using 1981-2020 data from Stocks, Bonds, Bills and Inflation 2020 Yearbook, Ibbotson Associates, Chicago.

Past performance is no guarantee of future results.

^{*} Stocks down -37% in 2008

Financial Challenges In Retirement Structuring Fixed Income Assets

"Laddering" Fixed Income Securities Across Different Maturities

Laddering CD's and bonds with varying maturities can provide a source of predictable income.

"Ladders" may help during falling interest rates by diversifying interest rate risk.

"Ladders" may help during rising interest rates by freeing up money for future higher-rate securities.

US Treasury Rate	s Inflation	3 Month	6 Month	1 Year	2 Year	3 Year	5 Year	7 Year	10 Year
Dec-19	2.10%	1.55%	1.60%	1.59%	1.58%	1.62%	1.69%	1.82%	1.92%
Dec-20	1.36%	0.09%	0.09%	0.08%	0.11%	0.18%	0.45%	0.79%	1.12%

Source: USTreasury.com

CD Rates	6 Month	1 Year	2 Year	3 Year	5 Year	Deposit
National Banch Bank		0.10%	0.10%	0.10%	0.15%	
Mass Branch Bank		0.15%	0.25%	0.35%	0.50%	
Smaller Savings Bank	0.25%	0.50%	0.75%	0.75%	1.00%	\$500
Small Local Bank*	0.40%	0.60%	0.75%	0.65%	0.65%	\$1,000

^{*}Higher rates with over \$250,000

FDIC insurance covers deposit up to \$250,000 (Individuals should review with their financial institution the amount they are insured for joint or other types of accounts.

All rates subject to change.

Financial Challenges In Retirement Wrap-Up

Overwhelmed?

Consider engaging the services of an Registered Investment Advisor (RIA) or the Advisory Service offerings of your mutual fund provider. However, be aware that the mutual fund provider will charge an Advisory Fee on top of the annual mutual fund expenses, adding approximately another 0.4% per year.

Many RIA's use only structured products such as mutual funds or exchange traded funds (ETFs). Or, if they provide separately managed accounts like my IRA, there may be a minimum account value under which they will use only structured products. The cost of such advisory services will range between 1.0% - 1.5% per year, an amount which will reduce your expected return.

Questions?

What can go wrong?

Jeff Kaplan Andover Mentors 2021

You Need A Plan for That!

An Important Definition for Your Plan

Asset Allocation: An investment strategy that has the goal of balancing risk and reward by adjusting the percentage of each asset in an investment portfolio according to the investor's risk tolerance, goals and investment time frame.

LONGEVITY RISK

The chance that your life or spouse's survival rate will exceed expectations. *MITIGATION STRATEGIES*: Pension, Annuity

INFLATION RISK

Inflation is an ongoing concern for anyone living on a fixed income.

MITIGATION STRATEGIES: Asset Allocation, Inflation Protected Securities

(TIPS: Treasury Inflation-Protected Securities)

INTEREST RATE RISK

Lower interest rates reduce retirement income in savings accounts.

MITIGATION STRATEGIES: Asset Allocation, Bond Ladder

STOCK MARKET RISK

A volatile market can result in loses that can seriously reduce retirement savings and income.

MITIGATION STRATEGIES: Asset Allocation

BUSINESS RISK

Loss of pension plan funds can occur if the employer that sponsors the pension plan goes bankrupt or the insurer that is providing annuities becomes insolvent.

MITIGATION STRATETIES: Pension Benefit Guarantee, Family Emergency Fund

DEATH OF A SPOUSE

A spouse's death can lead to a reduction in pension benefits or bring additional financial burdens, including lingering medical bills and debts.

MITIGATION STRATETIES: Life Insurance, Will, Trust

CHANGE IN MARITAL STATUS: Splitting the marital assets will almost certainly lead to an overall loss in standard of living for both parties, especially if their lifestyle had been maintained by pooling income and resources.

MITIGATION STRATETIES: Prenuptial Agreement

UNEXPECTED MEDICAL EXPENSES

Older people usually have greater healthcare needs and may require frequent treatment for a number of different health-related issues. *MITIGATION STRATETIES*: Medicare, Long Term Care Insurance

CHANGE IN HOUSING NEEDS

Retirees may need to change from living on their own to other forms of housing, such as assisted living or independent living in a retirement community, which combines some assistance with housing.

MITIGATION STRATETIES: Research options in your area in advance

UNFORSEEN NEEDS OF FAMILY MEMBERS:

- Paying healthcare costs for an elderly parent
- Paying higher-education costs for children or grandchildren
- Providing short-term financial assistance to adult children in the event of unemployment, divorce, or other financial adversities.

MITIGATION STRATETIES: To be determined

PUBLIC POLICY RISK: Government policies, can impact the financial position of retirees and can change over time. i.e. Changes to Medicare and Social Security.

MITIGATION STRATETIES: Emergency Fund

BOTTOM LINE:

You Need A Plan for That!

Retirement Planning Assistance

- Online Planning Tools
- Professional Advisor

For More Information Contact Us

Email: AndoverSeniorMentors@gmail.com

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APPENDIX

Concepts for your research and to discuss with a financial advisor are on the following pages.

APPENDIX: Strategic Investing

Diversification of investments across asset classes in order to maximize potential RETURN for a given level of RISK.

Two levels of Allocation:

- Asset Allocation: What percentage should be allocated to each of the major asset classes: Money Markets, Bonds, and Stocks?
- **Diversification** within asset classes: How to invest within each asset class, e.g., equities, what portion should be in large cap, small cap, and international?

Asset Allocation Factors to Consider:

- 1 **Time horizon** How long before you withdraw money?
- Financial situation How "well-off" are you?
- 3 Risk tolerance How much can you afford to lose?

Neither diversification nor asset allocation ensures a profit or guarantees against loss.

APPENDIX: A Successful Approach to Investing

- 1. Accept that the stock market is volatile
- Select a neutral strategic asset allocation based on your time horizon (when you need the money), risk tolerance and unique circumstances
 - Growth
 - Moderate Growth
 - Balanced
 - Conservative
 - Income
- Diversify the portfolio among asset subclasses, each with a tolerance range
- Select the better risk-adjusted securities or mutual funds.
- Rebalance the portfolio among asset classes if/when outside tolerance ranges
- 6. Monitor the markets and holdings, which may ultimately trigger **tactical allocation changes**
- 7. Focus on income and absolute returns!
- 8. Avoid the crowd mentality



APPENDIX: Stocks and Stock Funds

Ownership Investment Characteristics

PLACE OF ISSUANCE:

Domestic US – 5,000 stocks

Developed Foreign Countries – 4,000 stocks

Emerging Markets – 4,000 stocks

SIZE OF ISSUANCE: (Capitalization = Shares Outstanding * Price)

Large-Cap or Large Companies (Average \$190 Billion)

Mid-Cap or Mid-Size Companies (Average \$12 Billion)

Small-Cap or Small Companies (Average \$3 Billion)

STYLE:

Value (Slower Growth, Smaller Price/Earnings Ratio, Higher Dividend Yield

Growth (Fast Growers, Larger Price/Earnings Ratio, Lower Dividend Yield

Blend: A combination of Value and Growth stocks – Think "Index" Funds

Prices tend to move in direction of anticipated earnings changes.

APPENDIX: Debt Investments Loan (Bonds or Fixed Income) Investment Characteristics

- PRICE & COUPON: Most bonds are issued with an original price of \$1,000 a fixed coupon rate and Maturity Date, at which time the initial \$1,000 is promised to be returned.
- MATURITY & DURATION: From 45-day Money Market Funds, fixed-term CDs to 30-year Treasuries.
 - Longer maturities are more volatile and require a greater coupon or risk premium than shorter-term bonds or money-market securities.
- **ISSUER:** US Government & Agencies, States and Municipalities, Corporations, Financial Institutions, Utilities
- **QUALITY RATING**: High Yield BB Bonds that could default require more yield or risk premium than AAA Treasuries which are guaranteed by the government.

During the time between issuance and maturity, prices tend to move inversely with interest rate moves and tend to move in the opposite direction of stocks during periods of economic instability.

Interest rates are generally reduced by the Federal Reserve when the economy is troubled (stock prices falling)

APPENDIX: Bond Fund Behavior

Bull markets occur when security prices rise over time. **Bear markets** occur when security prices fall over time.



Bond Prices change by the "Duration" measure for each 1% change in general interest rates.

For example a bond fund with a 5-year duration will lose 5% of its price if general interest rates increase by 1%

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APPENDIX: "Laddered" Fixed Income Mutual Funds

One can add mutual funds with longer average maturities having higher yields but also higher risk.

	MStar	SEC	12 Mth	Avg	Average	Average	Average	Avg					Std Dev
Income Funds	Rating	Yield	Income	Coupon	Duration	Maturity	Price	Credit	BB	1 Year	3 Year	5 Year	5 Year
Cash Reserves	-	0.01	0.17	-	-	-	-	AAA	-	0.17	1.20	0.87	0.22
Conservative Income	3	0.12	0.89	1.61	0.37	0.58	100.93	Α	0.08	1.02	1.95	1.69	0.89
Short-Term Bond	2	0.34	1.99	2.18	1.91	2.00	103.02	Α	1.72	3.17	3.18	2.26	1.35
Intermediate Bond	3	0.62	2.10	2.85	4.05	4.50	106.65	Α	2.49	5.26	5.14	3.74	2.73
GNMA	3	0.91	1.55	3.31	0.51	2.70	107.52	AAA	0.00	3.33	3.77	2.47	1.80
US Bond Index	3	1.08	2.05	2.71	5.75	7.60	110.19	AA	0.17	4.88	5.53	3.99	3.22

As of January 31, 2021

Notes:

Current Avg. Price greater than 100%, the Price at Average Maturity and rising as maturities lengthen 1-Year Income is less than the Coupon Rate at issuance due to price dilution and expenses 7-day SEC yield is less than 1-year Income by the anticipated reduction in price as the bonds mature

APPENDIX: Sample Advisor-Managed "Balanced" Portfolio Allocation "Laddered" with Individual Bonds

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Maturity		No. of	Portfolio	
Year	Asset Class	Issues	Percent	Yield
2021	Money Mkt	438	11.43%	0.40%
2021	Bonds	4	5.87%	1.50%
2022	Bonds	3	3.27%	2.40%
2023	Bonds	4	4.07%	3.20%
2024	Bonds	2	0.55%	2.35%
2025	Bonds	2	1.63%	2.20%
2026	Bonds	1	3.16%	3.00%
2027	Bonds	2	0.79%	3.38%
2028	Bonds	1	0.83%	5.00%
2029	Bonds	2	0.84%	3.50%
2030	Bonds	2	3.84%	3.42%
None	Bond Fund	3033	5.45%	4.14%
None	Pref Stocks	8	<u>5.97%</u>	4.82%
Total Fixe	d Income		36.26%	3.26%
	High Div Stks	12	11.85%	3.26%
	Other Stocks	60	40.45%	2.02%
Total Stoc	ks		52.31%	2.30%
Total Port	folio			2.43%

Note

Most individual bonds currently short term – maturing in 2021-2023 Longer-term bonds have greater current yields (levels of income)

Unifo	Uniform Lifetime (RMD) Table						
	Life Time	RMD					
Age	Factor	Percent					
70	27.4	3.6%					
71	26.5	3.8%					
72	25.6	3.9%					
73	24.7	4.0%					
74	23.8	4.2%					
75	22.9	4.4%					
76	22.0	4.5%					
77	21.2	4.7%					
78	20.3	4.9%					
79	19.5	5.1%					
80	18.7	5.3%					
81	17.9	5.6%					
82	17.1	5.8%					
83	16.3	6.1%					
84	15.5	6.5%					
85	14.8	6.8%					
86	14.1	7.1%					
87	13.4	7.5%					
88	12.7	7.9%					
89	12.0	8.3%					
90	11.4	8.8%					
91	10.8	9.3%					
92	10.2	9.8%					
93	9.6	10.4%					
94	9.1	11.0%					
95	8.6	11.6%					

Resources

- Morningstar Research: For mutual fund and ETF analysis*
- Value Line Research: For company and stock research*
- Kiplinger's Retirement Report (inexpensive subscription required)
- www.aarp.org AARP Bulletin
- www.plannersearch.org for a financial planner near you
- www.cfp.net to verify a planner's certification

* Information on these plus other financial publications can be found at your local library.